

NOVEMBER 2016

Off-Court Lesson	On-Court Lesson	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Life Skills: Inner Game of Tennis Activation Lesson	Tennis: Volley Skills		-	2	3	4 Sci-Kids
Character Development: Escape Room	Tennis: Fun Free Time	7 2 Hour Early Dismissal	8 Election Day	9 Escape Room	10	II Sci-Kids
Nutrition: South Africa	Cross Training: Pickle Ball Tennis Bocce	I 4 U of R Clinic	15	l 6 Nutrition	17	18 Sci-Kids
Character Development: Escape Room	Tennis: Challenge Ladder	2 I Escape Room	22	23 Thanksging	24 Break	25 Holiday
Life Skills: Mindfulness Lesson	Tennis: Serve Direction	28 Nutrition	29 Sci-Kids	30 Mindfulness Lesson		