

Lobs & Lessons Celebrates 10 Years



Spring 2015 Newsletter

LOBS &
LIGHTS

We held our 10 year anniversary event Lobs & Lights. This glow in the dark extravaganza took place Saturday, October 25th. The courts were filled with black lights to create a glow in the dark tennis experience for all ages. It was a great turn out with 161 participants and volunteers in attendance. We would like to give a huge thank you to all of the volunteers, sponsors and participants for making this event such a great success!

Speed Stacking:

We introduced the youth to speed stacking this month for cross training and they loved it! They caught on quickly and were timing themselves and racing each other by the end of the first lesson.

Speed stacking is an individual and team sport that involves stacking specialized plastic cups in specific sequences in as little time as possible. This is proven to increase hand-eye coordination, concentration and ambidexterity to name a few.



Coaches Corner:

Lobs & Lessons is excited to offer the Tennis Challenge Ladder again this year. Once a month, youth have the opportunity to take the challenge, which is similar to achieving a colored belt in karate. Each level is a different color with increasing difficulty as youth climb the ladder. Challenges test youth on their footwork, ball handling skills and ability to hit various tennis shots such as forehand and backhand.

Congrats to youth that passed the first two levels of the challenge:

Jontae, Travis, Garkeesha, Amaya, Caleb, Emma, Stephon, Malakai and Qasim



Get to Know the Staff:

What do you love most about working with the kids here at Lobs & Lessons?

“All the different energy they bring, they’re all so unique.” – Mr. Jordan

If you won a trip to play in a tennis tournament anywhere in the world, where would you choose and why?

“Rome, because of all the cool historical landmarks.” -Mr. Taylor

What is a key life skill, lesson, or characteristic you hope the children take away from being a part of Lobs & Lessons?

“I hope all kids can take away a sense of pride and purpose. I want our program to encourage kids that they are wonderful and cared for, and that they can be successful in life.”

Volunteer Spotlight: Mr. Fred

What inspired you to come volunteer with Lobs & Lessons?

“I always wanted to work with kids since before I can remember, I even went to school for it but even though I didn't finish school I wanted to still achieve that goal so I started looking up youth centers and organizations that would allow me to get the experience of working with kids and that's when I came across Lobs & Lessons.”

Have you seen an impact on the youth?

“I've seen a huge impact on the kids I've worked with. They seem to gravitate towards me because in there terms I'm cool. They always seem to give me crazy names like Freddy Kruger and Fred Flintstone.”

Tell us your funniest or most memorable moment here as a volunteer with Lobs & Lessons.

“When we played indoor tennis the goal was to hit the tennis ball into the box in order to get a point and that turned into a huge competition between me, my partner and the other players. We would get the ball, put it in the box and yell that's five points for us! They really enjoyed themselves that day and we couldn't stop laughing.”

What is your favorite tennis activity you participate in with the youth?

“.... I love all the activities we play at the youth center because before I came here I had never played tennis so now that I'm actually an “expert,” I can't get enough of it.”



Youth participate in nutrition lessons each month and get to make a healthy snack! In December we made fruit Santas from strawberry, banana and grape slices.